

Instruction Sheet

Z5254

LANDROVER DISCOVERY 3/4 - RANGEROVER SPORT

Front upper control arm - front and rear bushings

N.B: This instruction sheet should be used in conjunction with the workshop manual

1. Remove front upper control arm from vehicle.
2. Remove OE rubber bushings from control arm.
3. Clean all surfaces from grease and dirt.
4. Install new bushings into the arm with washer contacting outer edge of eye.

NOTE: Bushings must be pushed all the way into the eyelet until steel washer contacts outer edge of eye as per FIG.1.

5. Grease internal bore of bushing and all flanges that come into contact with steel components.
6. Insert steel crushtubes into centre of bushings.
7. Re-install arm back into vehicle using manufacturers torque specification.

FIG.1



N.B: It is recommended that a licenced workshop or tradesperson carry out the above procedure and that workshop manual and relevant safety procedures are followed in addition to the above.